Your school is invited to participate in

Bike to School Week 2025



Bike to School Week is a celebration of cycling and active transportation during the end of May to the end of June. Schools in Brampton, Caledon, and Mississauga can register for the week of their choice to celebrate.

Register by Friday, May 9, 2025.

Make your Whole School Bike Pledge and be part of the active transportation fun!

Register early – the first 100 schools registered will receive a promotional package to support Bike to School Week with your school community.

How to get involved:

Step 1: Registration opens Monday, March 3.

Visit <u>peelregion.ca/bikemonth</u> to learn more and to register your school.

Choose the week that works best for your school:

May 26 – May 30 • June 2 – June 6 • June 9 – June 13 June 16 – June 20 • June 23 – June 27

Step 2: We'll provide a promo kit to help you make Bike to School Week a success at your school. The kit includes tips, sample newsletters, and sample announcements to help you plan fun and educational activities, as well as links to lesson plans, handouts, videos, customizable event posters, and lots of other information about cycling skills and safety.

Step 3: Receive your package of promotional items. These will be delivered to your school and addressed to the staff lead who registered for the event. We'll let you know when we plan to deliver, so you'll know when to expect it.

Step 4: Celebrate all your achievements with your school community. Use hashtag #B2SWPeel and tag us <u>@regionofpeel</u> so we can celebrate the joys of cycling with you.



Step 5: Please fill out the School Reporting Survey Let us know your thoughts and feedback – It's the only way we'll know how you did.

Why bike to school?

Active transportation is a healthy lifestyle choice that helps students arrive to school energized and ready to learn. When students cycle, walk, and roll to school, it reduces congestion, air pollution, and greenhouse gas emissions, and creates a safer school zone. While using an active mode of

transportation to and from school is not always feasible for every student, studies show that school travel planning programs and promotional campaigns like Bike to School Week can make a difference in getting more students outside and enjoying their trip. Reach out to your school public health nurse for support with active transportation initiatives.

If students at your school mostly take the bus, they can track bike rides around their neighbourhood instead.



Contact <u>walkandroll@peelregion.ca</u> with any questions









