



## St. Clare Catholic Elementary School

4140 Glen Erin Drive, Mississauga, ON L5L 2Z3

Telephone: (905) 820-2227

"Striving For Excellence"



February 26, 2025

Dear Parents, On Tuesday, March 4, 2024, students will be celebrating Mardi Gras at school. Thank you to the Catholic School Council for funding the event. There is no cost to students. Students are asked to wear Mardi Gras colours (yellow, green and purple) on that day. Students will be making masks, wearing beads and enjoying some Mardi Gras music while they eat pancakes. Thank you to the parent volunteers who will be cooking pancakes for the students. Students will be served pancakes and syrup as a snack. Please send your child with a full lunch that day.

Below contains a complete list of ingredients and brands that we will be using for students. All students will receive regular pancakes with syrup. We do have a gluten free option also.

If you **DO NOT** want your child to consume pancakes with syrup on March 4, **please notify the office** via telephone no later than Monday, March 3rd.

In addition, we are asking families to call the school if they have a griddle that the school can borrow for this event.

If you have any questions, please do not hesitate to contact the school.

Merci Beaucoup et Joyeux Mardi Gras!

Mme. Gallant



Pancake Nutritional Information [HERE](#)

Syrup Nutritional Information [HERE](#)



#### Ingredients

Enriched bleached flour, Sugars (sugar, dextrose), Leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), Salt, Modified corn starch, Soybean oil, Buttermilk powder



#### Ingredients:

Sugars (glucose, Glucose-fructose), Water, Natural Flavour, cellulose Gum, Salt, Caramel Colour, Sodium Benzoate, Sorbic Acid, sodium Phosphate.